



# Barton Primary School

Furrlongs  
NEWPORT  
Isle of Wight  
PO30 2AX

Tel (01983) 522469

[office@bartonpri.iow.sch.uk](mailto:office@bartonpri.iow.sch.uk)  
[www.bartonprimaryschool.co.uk](http://www.bartonprimaryschool.co.uk)

Head Teacher: Mr M Snow

## Updates from the Inclusion Team Leads



**Gail Eagar**

Special Educational Needs and Disabilities  
Coordinator (SENDCo)/Inclusion  
Lead/Designated Teacher for Looked After  
Children/Deputy Safeguarding Lead



**Charmain Armiger**

Family Liasion Officer/Welfare and Inclusion  
Officer/ Deputy Safeguarding  
Lead/Emotional Literacy Lead

Happy New Year everyone!

We hope you are all keeping safe and well. We realise that these are difficult times for parents, especially those who have children with a special educational needs and disabilities, and those who are finding this pandemic all too much. Therefore, we are highlighting some information that you may find useful:

If you need help or have questions about your child's work, the class teacher or the learning support assistant will be your first port of call. You can contact them via google classroom/seesaw or leave a message at the school office.

For any other support/advice needed with regards to children with Special Educational Needs or Disabilities, please feel free to email Gail at [senco@bartonpri.iow.sch.uk](mailto:senco@bartonpri.iow.sch.uk) or ring on 01983 522469.

If you would like support/help as a family or any help with regards to support with emotional wealth, please email Charmain on [charmain.armiger@bartonpri.iow.sch.uk](mailto:charmain.armiger@bartonpri.iow.sch.uk) or ring on 01983 522469.

Emotional Wellbeing:

We would like to continue the support given to the children during the first lockdown. Therefore, emotional wellbeing (ELSA) resources are available on the school's Facebook page and the website. If you have any problems with accessing these or need any further advice, please email/ring Charmain.

Below are some FREE online family workshops. We, and some Barton parents who have previously attended them, highly recommend **Penny Crossley's workshops**.





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Happy New Year Everyone!

As part of the "90 minutes to Family Calm" I am pleased to advise you of the next dates for one-off workshops to support parents & staff working with children and young people during this ever-challenging time.

As previously, the topics focus on managing feelings and emotions, and supporting us with our own and our children's self-regulation.

The workshops will be available to join on January Thursdays either 10:00-11:30 am OR 6:00-7:30 evenings:

- **Taming the Emotions Monster** - 14<sup>th</sup> January (how to avoid & manage meltdowns through becoming an emotion coach)
- **Sensible About Our Senses** - 21<sup>st</sup> January ( understanding about sensory triggers - & how our senses affect our behaviour)
- **Bucket Filling for Self-Esteem** - 28<sup>th</sup> January ( A fun perspective on how to feel good about ourselves & help our children to build self-esteem) (Primary Age)
- **Relaxing Kids** - 4<sup>th</sup> February ( Building Confidence & Resilience through Relaxation – steps to relaxing for children)

If you would like to join any (or all) of these 90 minute zoom sessions please ensure you book a place by emailing [info@thecrossley.co.uk](mailto:info@thecrossley.co.uk)

Enrolment to be completed just once for any number of sessions – *if you enrolled for the November 90 Minutes to Family Calm you do not need to enrol again – just book a place* 😊

I would love to see you (again) - and hope you will find it interesting and helpful.

Penny

Tel: 01983 861164

## Contact for families with disabled children

Link for free online workshops for children with SEN including support for Speech and Language issues in young children: <https://contact.org.uk/help-for-families/family-workshops-events/>

## Special Educational Needs Jungle

A lot of helpful/useful information for families: <https://www.specialneedsjungle.com/distance-education-resources-for-children-and-young-people-with-send/>

